

Making a dreamcatcher

Equipment

- paper plate
- hole punch
- scissors
- beads
- feathers
- wool
- paint

Method

- 1 Cut a hole in the centre of the paper plate, leaving only the plate's rim behind.
- 2 Paint the rim of the plate. This will help to strengthen it.
- 3 When the paint is dry, use a hole punch to make holes around the inside edge of the plate rim. Make sure the holes are equally spaced and not too near the edge.
- 4 Cut a long length of wool and tie it around one of the holes.
- 5 Thread the end of the wool through an opposite hole on the rim of the plate. Keep threading until all the wool is used up and you have created a dreamcatcher net.
- 6 Tie the end of the wool through one of the holes and cut away any excess wool.
- 7 Make three holes at the bottom of the dreamcatcher with the hole punch.
- 8 Cut three 20 cm lengths of wool. Thread them through the holes and tie them securely.
- 9 Thread several beads onto each length of wool and tie a feather on the end of each one.
- 10 Punch a hole in the top of the dreamcatcher.
- 11 Cut another 20 cm length of wool and thread it through the hole.
- 12 Tie a knot in the end of the wool and hang your dreamcatcher near a window or where you sleep.

